

## Join Pacific Whale Foundation's Run & Walk for the Whales

- Half Marathon Run, 10K Run, 5K Run, 2.5 Mile Fun Walk
- One of Maui's largest runs and walking events
- More than 700 participants last year
- Win whalewatch tickets, other prizes and medals

## Kids Ocean Camp, While You Race

Pacific Whale Foundation's marine education team will be offering a morning version of its popular Ocean Camp on race day for children ages 4 to 12. The program takes place from 6 am to 10 am at Pacific Whale Foundation's Discovery Center in Ma'alaea. The cost is \$25 per child. Sign up for this program in advance to ensure your child has fun while you race learning about whales through a dynamic hands-on program and is well-cared for by a professional team.

*Pre-registration is required.*

Please call Pacific Whale Foundation at **(808) 249-8811 ext. 1.**



# Join the Fun!



## SUPPORT A GREAT CAUSE

All proceeds from the Run and Walk for the Whales support Pacific Whale Foundation's work to protect whales and our oceans through science and advocacy.



Sponsored by



**Mediterranean Grill & Pizzeria**

Ma'alaea Harbor Shops

# run & walk for the whales



Part of the Maui Whale Festival  
**Saturday, Jan. 31, 2015**

Start and finish line at  
Ma'alaea Harbor Shops



Presented by



Protecting our oceans through science and advocacy

**EVENT DETAILS**

**Participants Receive:**

- Professional chip timing for runners in the 5K, 10K and half marathon
- Clock timing for all walking events
- “Run and Walk for the Whales” Event Shirt
- Water and Gatorade aid stations located along the course
- Post race continental breakfast
- Discounted whalewatches for race participants
- Optional "Ocean Camp" childcare program at our Discovery Center
- Post-race festivities in the plaza at the Ma’alaea Harbor Shops featuring:
  - Live entertainment by Marty Dread
  - Continental breakfast for runners and walkers served by Porto
  - Tours of Pacific Whale Foundation’s research lab, education center and offices

**Awards:**

**For top three male and top three female overall finishers & age divisions in the 5K, 10K and Half Marathon:**

- Run and Walk for the Whales Medals

**For all walkers and runners:**

- Entry into drawings for whalewatches and other prizes!
- View age divisions at [www.mauiwhalefestival.org](http://www.mauiwhalefestival.org)

**Start Location:**


Start and end at Ma’alaea Harbor Shops (next to Maui Ocean Center) A flat and fast course!

**Packet Pick-up:**

Packet pick-up will be on January 30th at the Ma’alaea Harbor Shops from 9:00 am - 5:00 pm

**Start Times:**

**Half Marathon: 6:30 am • 10K: 7:00 am • 5K: 7:15 am  
2.5 mile walk: 7:20 am**

- This event is directed by a  Certified Race Director
- This event is sanctioned by USA Track & Field

**Saturday, January 31, 2015**

**Half Marathon Run • 10K Run • 5K Run • 2.5 Mile Walk**

Name: \_\_\_\_\_ Age on January 31, 2015: \_\_\_\_\_  Male  Female  
 Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
 Phone: (\_\_\_\_\_) \_\_\_\_\_ Email Address: \_\_\_\_\_

**Running Shirt:** Size (unisex sizing):  S  M  L  XL PWF Members save \$5. Children ages 12 and under are \$5 off. Children age 8 and under must be accompanied by parent or guardian. Discounts may not be combined.  
**Kids Race Day Ocean Camp:** (See other side for details):  \$25

Which Event:	Early No race day Registration 6/1/2014 - 8/31/2014	Regular Phase I 9/1/2014 - 12/31/2014	Regular Phase II 1/1/2015 - 1/28/2015	Late 1/29/2015 - 1/30/2015
Half Marathon	<input type="checkbox"/> \$45	<input type="checkbox"/> \$55	<input type="checkbox"/> \$65	<input type="checkbox"/> \$85
10K	<input type="checkbox"/> \$40	<input type="checkbox"/> \$50	<input type="checkbox"/> \$60	<input type="checkbox"/> \$80
5K	<input type="checkbox"/> \$35	<input type="checkbox"/> \$45	<input type="checkbox"/> \$55	<input type="checkbox"/> \$75
2.5 Mile Walk	<input type="checkbox"/> \$20	<input type="checkbox"/> \$25	<input type="checkbox"/> \$30	<input type="checkbox"/> \$40

**Join and save \$5 on your race entry:**

Individual Membership: \$50  
 Student Membership: \$45  
 Senior (Age 55+): \$45  
 Family (2 Adults, all children ages 17 & under): \$60

Are you a Pacific Whale Foundation Member? \_\_\_\_\_  
 Race Fee: \$ \_\_\_\_\_  
 Kids Race Day Ocean Camp: \$ \_\_\_\_\_  
 Optional Membership: \$ \_\_\_\_\_  
 Kids Race Day Ocean Camp: \$ \_\_\_\_\_  
 Optional Donation: \$ \_\_\_\_\_  
 Total: \$ \_\_\_\_\_

**Method of Payment:**  Cash  Check #: (\_\_\_\_\_) Make check payable to: **Pacific Whale Foundation**  
 Visa  Mastercard  American Express  Discover

Credit Card #: \_\_\_\_\_ Expiration Date: \_\_\_\_/\_\_\_\_/\_\_\_\_ Security Code \_\_\_\_\_

To process your charge, please include your exact billing address and name as it appears on the card:

Name (print): \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

**Event waiver:** I know that participating in a road race is a potentially hazardous activity. I should not enter said run or walk unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run or walk. I assume all risks associated with this running and walking event including, but not limited to, falls, contact with other participants, the effects of the weather including high heat or humidity, traffic and the conditions of the road; all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I for myself and anyone entitled to act on my behalf, waive and release Pacific Whale Foundation, Valley Isle Road Runners Association, the County of Maui, State of Hawaii, USATF, and all sponsors, their representatives and successors, from all claims or liabilities of any kind arising out of my participation in this event.

Signature (Parent or guardian must sign if entrant is under 18 years of age) \_\_\_\_\_ Date \_\_\_\_\_

**Register Online:** Visit <https://flpreregister.com/101> (through midnight January 28, 2015)

**Register by phone:** Call (808) 249-8811 ext.1 **Fax the completed form to:** (808) 244-6794

**Mail the completed form to:** Pacific Whale Foundation, Run & Walk for the Whales, 300 Ma’alaea Road, Suite 211, Wailuku, HI 96793